



In Gratitude: AUGUST 2022

***“Release what no longer serves you and make space for new beginnings.”
Law of Attraction***

August has certainly brought a shift in energy. In my personal life, we spent July preparing our son for his move to Florida. A new state, a new apartment and back to school- college. It has been a flurry... As we all released what was no longer needed, we also healed in the process. This move for him is true alignment of what he has been working towards for the past three years. If I am honest, I finally feel balanced and I can see the path for him, for me and for our family = balance & alignment!

And YES there is now space for new beginnings! Or a continuation at a new level. It feels good!

What are you Releasing?

What are you Healing?

Are you stepping forward – trying something New?

Lately, lots of folks are reaching out to ask about preparation for kiddos returning to school. I cannot stress enough having the appropriate diet loaded with REAL, organic fresh foods and proper hydration. When I say hydration, I mean water NOT sugar filled drinks. Next on the list is rest- start getting into their school daily routine early- including their sleeping patterns. Never underestimate a nice long soak in a tub filled with wonderful essential oil infused Epsom salts. I am happy to make you a custom soak!

If you can, a Raindrop treatment would be wonderful. Reminder that Raindrop therapy will clear, clean and reprogram you at a cellular level. It simply is the best way to reset your system for the next season. I have limited appointments in August- Let me know if I can serve you. Email me or call: tracyl@calmingwaterswc or 952-913-7086.

Raindrop Testimonials

“Feeling great! So relaxed and clear minded. First day since Sunday my back has not hurt. You are AMAZING!” Mary

“I just had a Raindrop treatment and when I was finished I felt relaxed and exhilarated at the same time. The setting is so peaceful, calming and beautiful. I highly recommend it.” Connie

“Best treatment out there. Fixed me up and got me feeling better than ever.” Max

*“I feel free.
I feel strong.
I feel in control.
That was amazing.”
Griffin*

My Pet Matrix

Have you joined a Pet Wellness Wednesday Facebook Live yet? Oh my SOOOO much great information available. The Pet Matrix family has been hard at work. You can look forward to our formal launch this fall and new product introductions. As you are aware, right now we have 3 products that begin the support and healing process from within for your dog. I cannot stress enough that these products are NOT symptom mitigators. The ingredients along with our technology allow for your pet to absorb the appropriate nutrients at a cellular level and begin the process of healing from within. As with any supplement plan, you must be consistent.

This month we will highlight our Anti-Inflammatory & Pain product. Complete technical specification can be found at www.mypetmatrix.com.



PAIN

ADDRESSING DISCOMFORT WITHIN

WHAT'S IT FOR?

THIS SPECIAL FORMULATION HELPS PROMOTE RELIEF FOR OUR FURRY COMPANIONS THAT EXPERIENCE DISCOMFORT ON ALL LEVELS.

THE NUTRIENT DESIGN OF THIS FORMULATION IS DESIGNED TO HELP DELIVER NUTRITION INTO THE BODY TO MAXIMALLY ADDRESS THE DISCOMFORT OF YOUR FURRY FAMILY MEMBER, ALLOWING THEM TO MOVE WITH GREATER EASE, & LESS DISCOMFORT.

FULL LIST OF INGREDIENTS

CURCUMIN, GSH, QUERCETIN, EGCG, AGMANTINE SULFATE, BONE COLLAGEN

RECOMMENDED USE

DISPERSE ON TOP OF OR MIXED INTO FOOD ONE TIME PER DAY BASED ON THE SIZE OF YOUR DOG. CAN ALSO BE ADDED TO WATER BOWL

0 - 25 LB : 1/4 TSP
25 - 50 LB : 1/2 TSP
50 - 75 LB : 3/4 TSP

PET MATRIX

Pet Matrix is a biotech company committed to expanding the life and longevity of our pets through highly bioavailable & deliverable nutrition, for greater & prolonged companionship.



Is your Dog ready to be a SuperHero? 35% off – when you purchase all three at the MLPS Pet Market!

PLEASE JOIN US THIS WEEKEND!

- Aug 20th: 9am – 1pm @ MLPS Pet Market
- Located @unleashedhoundsandhops adjacent to the
- Minneapolis Farmers Market
- 200 E. Lyndale Ave North

what else is new? It seems that my partners are creating special offers weekly and some daily. Even I feel a barrage of information and big flashing signs- “get this now before its gone...” I find it difficult to communicate effectively in this area. It feels like too much noise. I have the need to ensure you have the latest information and then I have this need to simply bring you **peace**.

I need to say- it is NOT about sales for me. I created Calming Waters to bring together holistic therapeutic grade choices for products and services. I am blessed to have the time to research, learn and connect with amazing resources for products and for services. My goal is to provide a safe place where we can simply connect and talk. If you are ready to receive, I can share with you products and services that I have seen work. It really is as simple as that.

So, with that said, I will list here the links for you to check out. Each one of these companies does offer preferred subscriber pricing. If this is of interest to you- please let me know.

bioreigns: Water soluble micronutrients for the whole family. <https://www.bioreigns.com/shop/calmingwaters>

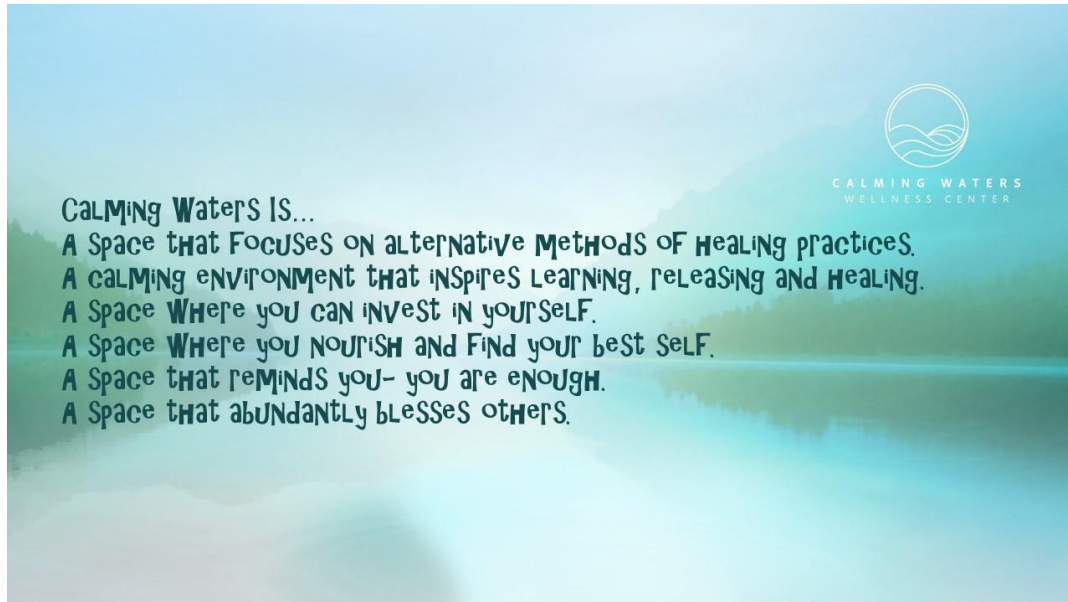
my pet matrix: Highly bioavailable nutrition for canines. www.mypetmatrix.com Use Code: Luckydog10

young living essential oils: Plant based products for every category in your home.
<https://www.youngliving.com/us/en/referral/1533512>

goli: Focused nutrition in the form of a Gummy! <https://go.goli.com/calmingwaters> Use Promocode: calmingwaters

nikken: Sustainable living products for your home. <https://www.nikken.com/na/calmingwaters>

govvi: A fuel catalyst that puts \$\$\$ in your pocket and helps the environment!
<https://www.govvi.com/go/calmingwaters>



I am here to serve. My door is always open!

“The one who blesses others is abundantly blessed.” Proverbs 11:25

Tracy Langheinrich; Grateful Healer, RTS, ERS; Founder -Calming Waters Wellness Center

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At Calming Waters your wellness matters. We believe you and your pets matter.