



UPCOMING EVENTS

April 16th 2pm – 6pm
Enki Brewing Spring Market

Calming Waters will be featuring
Oxygen Therapy & Premium Wellness Products.
Spots are limited- Reserve yours NOW!
Event will be held at Enki Brewing in
Victoria, MN.

In Gratitude: APRIL 2022 Events & Specials

“Welcome to April. A new chapter.
A gateway opened inviting you forward.
A new chapter of self to be witnessed, awakened, embodied, experienced, celebrated.
The Earth has shifted her seasons, asking us to be reborn once again.
The Astrological cycle began again, asking us too, to begin once again.
With beautiful transits, major cosmic events, and eclipse season...
April is also held by the energy of 1, again speaking to the beginning of a new cycle, birth, and beginning.”
Girl and Her Moon

I always say the only constant is change!

I feel a shift happening. In 2019 I had a plan. That vision had a large physical footprint. As the world shifted, that vision had to shift. Even though the past two plus years were not exactly as I had planned, I have enjoyed the learnings and my own personal growth along the way.

Legally I still have my space in Burnsville. Emotionally, spiritually, and energetically I have closed that door. Calming Waters is shifting ... I have learned that I do not need a “stationed physical space” to do what I do. I am the healer, and I can heal where ever I am. The key is you. My relationship with YOU. **Because YOU matter.**

So, with respect to booking physical services, please continue to do so and we will work together to define the appropriate “space” in which the healing happens. Sometimes a walk with a friend who listens is all you need. With the seasonal change, I am looking forward to using the sacred space of my backyard for more healing opportunities. Stay Tuned!

What has not changed is my constant quest for premium products.

I have some very exciting news to share! Calming Waters has been asked to participate in a focus group that is creating specific micronutrient formulas for pets. After all our pets are a part of our family as well. The primary mission is to help pet guardians be the best advocates they can be for their loved ones. We are curating a set of products that will increase the longevity of your pet and the quality of your pet’s life. We also will have a community that will be filled with amazing information. I have learned so much over the past 4 months and I am excited to finally be able to bring that to you!

The initial product line will be focused on canine/dogs and we will soon have an offering for feline/cats as well. If you are interested in learning more, please reach out to me. I would love to invite you to a special Pet Wellness Wednesday facebook group. Look for product availability announcements during this month!

Young Living promotions: WOWSA- are you ready for these Spring specials while supplies last?

There are too many to list! To find the Spring specials, use the link below and the first banner you will see is Start this Spring Essentially Clean- click the shop now button! Then scroll down to see the product collections. THEY ARE AWESOME!

Use this link to shop: <https://www.youngliving.com/us/en/referral/1533512>

Many of you at one time or another attended a Young Living informational class with me over the years. Some of you signed up at that time... Many have not kept up their membership. That is really OK!

Our family has worked over the years to change our home into a CLEAN home. We use many of the Young Living products daily. Through the past 2 years, the Thieves product line has been such a blessing. SO if you are interested in receiving membership pricing, all you need to do is purchase one starter bundle or a 100pv order to unlock wholesale pricing. (Ie. Everyday Glow Bundle, For Love of Lemons Bundle, Desert Mist, Aria, Rainstone, or Dewdrop Starter Bundle) To continue to receive membership benefits (estimated 24% price reduction) all you need to do is place a \$50 order sometime over the next 12 months! WOW! That is easy. If you were once a member, you can also REACTIVATE very easily. It simply requires a call to customer service and a qualifying order. I am here to help!

HOW LIVING CLEAN HELPS KEEP YOUR FAMILY SAFE

Harsh chemicals could be lurking anywhere in your home—under the sink, in your makeup bag, in your shower caddy, in your perfume collection, and even in your laundry. From formaldehyde to phthalates, sodium lauryl sulfate to other hard-to-pronounce ingredients, these chemicals hide in everyday household products. If you're worried about the risks they pose to you and those you care about, here are a few ways to live Essentially Clean using naturally derived products made with plant-based formulas.

- 1 Eat clean.** Look for organic food and supplements that are free of colorants and preservatives.
- 2 Make the switch.** Swap out your traditional household cleaners with naturally derived cleaners that you can use confidently around your family and friends—including your littlest family members and furriest friends.
- 3 Look for clean beauty products.** Buy naturally derived cosmetics and personal care products that specifically exclude harsh chemicals from their formulas.
- 4 Check the label.** Skip any products labeled with "fragrance" and choose products that use essential oils instead.
- 5 Take clean supplements.** Look for supplements formulated without unnecessary ingredients and fillers.
- 6 Do your research.** Read the labels on products and look up the ingredients.
- 7 Find brands you trust.** You can save yourself the time and hassle of researching every product by identifying those brands you trust to provide quality, like Young Living.

As you make the switch to naturally derived products, Young Living's commitment to clean products never use artificial dyes, harsh chemicals or synthetic fragrances. We aim to improve wellness in every home by providing essentially clean products that help keep families safe.



At Calming Waters your wellness matters. We believe you matter.

Nikken promotions: Nikken has **EXTENDED** the **Power of Hydration** promotion! Through the **END of April**, Nikken is offering special water packs. Each pack will have TWO state of the art PiMag products that not only hydrate, they also lower exposure to contaminants and make water more alkaline and less acidic. Alkaline water enhances negative oxidation reduction potential (ORP) to boost water's ability to act as an antioxidant. Remember, your body is 70% water and your skin is your biggest organ. The special pricing gives you the second product in the package 50% off! These products will change your life.

Check out these special packages here: <https://www.nikken.com/na/calmingwaters>

Nikken **APRIL** Promotions: The **POWER of HYDRATION!**

These wonderful two-product PiMag Water Packs give you the second at **50% off!**

Item 3211 Two Wall Mount Showers Pack

US Retail \$156



Item 3213 Two Sport Bottles Pack

US Retail \$91



Item 3215 Two Waterfalls Pack

US Retail \$648



Check out these special packages here:

<https://www.nikken.com/na/calmingwaters>



CALMING WATERS
WELLNESS CENTER

bio promotions:

Healthy GUT equals a Healthy YOU! Our **ACVbiotics** gummies support total gut-health. Formulated with three strains of gut-health probiotics, apple cider vinegar and alpha lipoic acid (ALA) along with our RapidCT benefits- this is the gut-health product for you! For a limited time, get your **ACVbiotics** specially priced at \$49.99 from April 11 – April 18th! That is a **\$20 savings!**

We have made it even easier to **be well** with our **bioReset Pack** and the **Immunity Pack!**

Both packs are significantly discounted when purchased as a Pack. Product detail specification sheets can be found on the website. (Or simply ask me for them and I will send)

Why bio? RapidCT technology increases and assures that what you are taking is being absorbed at a CELLULAR level.

It matters. YOU matter.



a better way to a better you

bioReset Pack



\$129
retail value \$160

What are the Benefits?

Use **bioReset** (= the use of balance and hydrate products together) for 60 hours & you will support your body's natural ability to turn to fat for fuel. **bioReset** helps the body to become fat adaptive and burn fat as the primary fuel source.

Hydrate, included in this pack, delivers electrolytes, sodium, vitamins and minerals to keep the body hydrated throughout this process. Continue to use **bioReset** past the initial 60 hour reset for additional results.

<https://bioreigns.com/shop/calmingwaters>



INTRODUCING THE IMMUNITY PACK FEATURING DEFENSE & VITAL IQ

SAVE BIG BY PURCHASING THESE ESSENTIALS TOGETHER



IMMUNITY PACK

Defense [ultra] - ultra strength immune support

Vital IQ - daily multi-vitamin plus collagen

[SHOP HERE](#)



Want to SAVE even MORE?

Add the Immunity Pack to your SMARTSHIP and save 15% more!

*Smartship automatically delivers your products every 30 days.

~~\$169.99~~ Pack price OR **\$144.49** Smartship price

<https://bioreigns.com/shop/calmingwaters>



If you are a new customer to bio, sign up for our emails and you will receive 10% off your order! *Interested in saving more? Let's talk! **Orders and product specifics can be found here:** <https://bioreigns.com/shop/calmingwaters>

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goli promotions: Goli just launched Goli Sub Club!! When you subscribe using your code "calmingwaters" you will get 25% off their first purchase and 15% off all recurring orders. This is our gift to our loyal customers. **For a short time, the discounts are even better! Check this out:**

From **April 14th - 18th**;
you will receive **22% off** all bundles AND **37% off** all first -time subscriptions when you choose the **Goli Sub Club** at checkout.

Grab yours here: <https://go.goli.com/calmingwaters> and make sure to use Promocode: *calmingwaters*

If you opt in to the **Goli Sub Club**, you will also receive **FREE gifts** each month with your order.
You can cancel at any time.
If subscriptions are not your thing, get a minimum of **10% discount** using Code: *calmingwaters*



We have added an Events & Specials tab to our website. We will do our best to keep this updated for you. Our affiliate companies create special offers frequently. Please check in at www.calmingwaterswc.com or our Facebook page @calmingwaterswcmn for the latest and greatest.

REMEMBER! We will be at Enki Brewing on Saturday, April 16th from 2pm to 6pm. We will be offering Oxygen Therapy sessions and there will be show specials offered.

We strongly recommend reaching out prior to schedule your Oxygen session as we were very busy at our last event. We will be at The Chart House's Sip & shop on May 7th in Lakeville. Save the Date!

This month is a beautiful opportunity to witness how you have transformed, grown, shifted, bloomed, over the past 12 months and the past astrological year. Take the time to witness the new chapter of YOU emerging. What you are saying YES to. And the direction that this new cycle is pulling you in. There is deeply spiritual, aligning, and soul filled energy flowing through this month. Feel and see the growth within you.

I see it and I am here to give you a little water and energetic fertilizer to ensure your roots are strong.

Tracy Langheinrich; Grateful Healer, RTS, ERS; Founder -Calming Waters Wellness Center
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